Title ***(max. 20 words)***

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# 1. Introduction

This document presents the instructions needed to prepare the extended abstract (3-4 pages including references or 1000-1500 words excluding references) for submission to ICVEAST 2025. **Background, Objective** and **Novelty** need to be clarified in the introduction

The extended abstract should contain the following sections: **Introduction, Methods, Results and Discussion, Conclusion, and References**. These sections can be named differently, and the subsections can be included. The extended abstract can only contain 1 table/figure/image. Pages should not be numbered. The text should be in 10-point font size, unindented, and left- and right-justified.

The **Introduction** should include the scope of the study and state the objectives of the work presented

# 2. Materials and Methods

Outline the methodology used concisely.

# 3. Results and Discussion

Summarise the main findings. Briefly interpret the findings and their significance, especially in the context of applied innovations and technologies for the ageing population.

## Tables & Figures

A maximum of 1 table and 1 figure is allowed. Please ensure that the table and figure do not account for more than 2/3 of a page when taken together. Must be included in the body of the text. Table text and caption should be in 11-point font, centered over the full-page width. The table number and heading should be centered above the table. Figures must be in the body text and centered. The figure number and caption in the 11-point font should be centered below the figure using the full-page width. Only good contrast and original line drawings are accepted. Poor-quality illustrations will be returned.

## Formulae

Formulae should be typewritten (use, e.g., Microsoft Equation Editor). Subscripts and superscripts should be clear. Give the meaning of all symbols immediately after the equation in which they are first used. Equations should be numbered sequentially on the right-hand side in parentheses. In general, only equations explicitly referred to in the text need to be numbered.

# 3. Discussion

Authors should discuss the results and how they can be interpreted from the perspec- 89
tive of previous studies and of the working hypotheses. The fndings and their implications 90
should be discussed in the broadest context possible. Future research directions may also 91
be highlighted.

# 5. Conclusion

Provide a clear and concise conclusion. It contains the discoveries and impressions made in your research. Please present the limitations of your research and suggestions for future studies.

**Keywords: up to 5 keywords, separated by commas**

# References

For references, use the **IEEE citation style**. The full citation is listed in the reference list at the end of the paper. The reference list is organized numerically, not alphabetically, in the References section, and should be in 10-point font text. When citing multiple sources at once, the preferred method is to list each number separately, in its brackets, using a comma or dash between numbers, as such: [1], [3], [5] or [1] – [5].

1. Author 1, T. The title of the cited article. Journal Abbreviation 2008, 10, 142–149. 166

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5. Title of Site. Available online: URL (accessed on Day Month Year). 172

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Conference, Country, Date of Conference (Day Month Year); Abstract Number (optional), Pagination (optional). 174

7. Author 1, A.B. Title of Thesis. Level of Thesis, Degree-Granting University, Location of University, Date of Comp